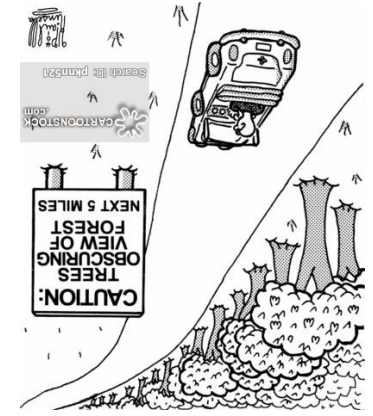


So, where are you? First, remember that **everyone is a spiritual being forced to live a psychological existence**. This means we're all experiencing the same suffering. We feel separated then divided, become emotional about our situation and place the ego in charge. Then, we get lost. We don't realize that **our greatest potential lies dormant** until we remember 'what we are.'

True enlightenment means not being weighed down by the ego. To be awake on one's path means taking time out for self-inquiry. Even if you have a moment of confusion, **\*life is easier when the soul is pulling and heart is pointing the way.**



It's **not a radical notion to say you know your own soul**. Its proper identity is the *'invisible something else'* that remotely guides your life. Its vantage point of objectivity assures a version of self that is free of dogma and judgment.



The ego believes there is a 'right and wrong way to be and is oblivious to the ethic of true or false. While we vacillate back and forth with its moral view, we forget the larger ethical context. It's simple really. All we have to ask is 'What would the heart do?'



The BIG Questions zine are tiny insights by author, psychologist, and wisdom teacher Ernie L. Vecchio. His career spans three decades of assisting thousands of individuals undergoing severe trauma and their evolving psychospiritual context for surviving adversity. These teachings offer everyone a balance between their outside reality and inner personal truths. The result is individual freedom and a healthy way to BE in the world.

## WHERE

*Place*

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Little Book BIG Questions

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*Place:*

*One's position along a sequential developmental continuum (from birth to death) that marks the 'full circle' of a person's spiritual life: soul conception, spiritedness, separation, division, adaptation, angst, healing the divide, remembering, and soul recovery.*

-Vecchio-



New wisdom suggests that it is **'three times faster'** than random chance to **suffer ourselves awake**—but—we still need direction. Time works in our favor if we are IN the experience versus laboring over the past or worrying about the future. Few of us realize that the ego is only 25% of a full navigational system. The other 75% includes the **soul, spirit and heart**. There's a reason the ego resists directions, it believes itself to be the compass. We must teach it the truth!