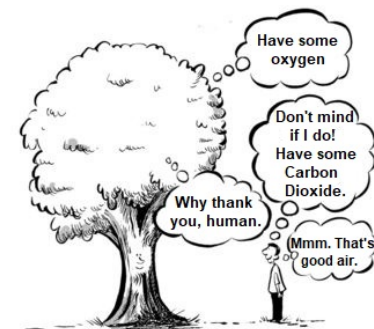
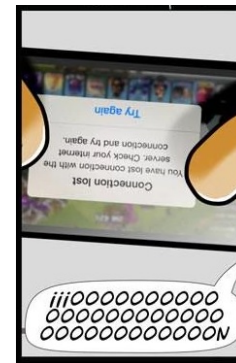
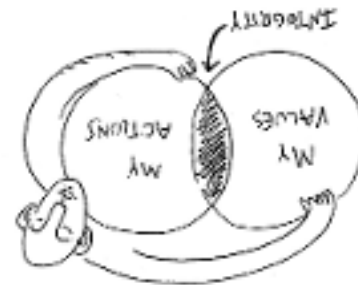


Imagine, there are 7.5 billion souls on this planet and more than 50% are questioning their life's purpose. If the commonality between egos is dependency and neediness, then for souls it's real connection. It seems that when souls merge we grow exponentially on ourselves. Not much unlike a drop of water that feeds the ocean, we are more than we imagine. We've all felt the difference when its absent.



Our first experience with reciprocity

Once when someone asked me the meaning of life, it was easy to use the tree as a metaphor. Watching a tree's cycle of growth, shedding of leaves, and re-flowering in the spring offers us a powerful image of life, death, and renewal. I have long felt that this **reciprocal relationship** between a tree and the earth is **a perfect reflection of human responsibility and purpose.**



Remember when we used to feel that 'what you see is what you get?' Today, we're so focused on what is correct that we've **lost our sense of truth**. As we digress into **fake this - fake that**, we're losing the best part of being human. **The ego is holding us hostage**. Our **basic human ethic** is **compassion**. We need to retrieve this in ourselves so we can return to what is real.

### Why Are You Here?

*To have a relationship with life (symbiotic) that is mutually beneficial versus depleting (parasitical) which allows the invisible something else that is real (soul) to come through (to be) and have an effect (cause) on the world around you.*

-Vecchio-

(\*Read without the words in brackets.)

One of our oldest reciprocal relationships is the ego and human spirit. We know it as anxiety and tend to think it's negative. It seems **our feeling reaction** to the immediate moment **serves as a self-correcting function**. Without it, we would never change or grow. Longing is spiritual and involves matters of the heart, while the ego's passion is based on lacking. The ego 'wants what it wants' to simply stop the pain. If we could 'sit with' our suffering long enough, something always comes through. We tend to call this wisdom.



## WHY

*Meaning & Purpose*

**Ernie L. Vecchio**

This question has been asked forever but from the soul's perspective it's simple—to **suffer ourselves awake**. But, not by allowing in our pain as victim. Instead, it means we undergo a series of awakenings until our soul's expression is free. The ego hijacks us spiritually within 24-36 months of age. Did you know we can condition a dog to do tricks or a horse to jump, but in the end, they're still a dog and horse. Human beings undergo the same conditioning and we forget WHY they are.

Why are we here?



The BIG Questions zine are tiny insights by author, psychologist, and wisdom teacher Ernie L. Vecchio. His career spans three decades of assisting thousands of individuals undergoing severe trauma and their evolving psychospiritual context for surviving adversity. This information offers everyone balance between their outside reality and inner personal truths. The result is individual freedom and a healthy way to BE in the world.

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Little Book BIG Questions

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